

YELLOW JACKETS BASKETBALL CAMP

Camp Philosophy

The Bay Hoops Basketball Camp offers five action-packed days covering the fundamentals of offense and defense.

With a limited number of campers, intense one-on-one instruction from our fine staff will help to refine and develop individual skills and team concepts.

Our unique instruction format allows each player to maximize his potential while improving his skill level.

Director

Coach Mike Glick, who has accumulated over 350 career wins and was named 2008 PG County Coach of the Year by the Washington Post will serve as the camp director. While at Gwynn Park HS for the past 5 seasons, Coach Glick directed the Yellow Jackets to two State Final Fours, two regional championships, and a top 3 ranking in the DC area.



For the previous 13 seasons, as the Head Coach at both Archbishop Spalding and St. Vincent Pallotti, Glick took those programs from obscurity to national prominence. Sixty-one of his players have gone on to play NCAA college basketball (40 at the D-1 level).

Previously, Glick coached 5 years on the college circuit. While coaching at Columbia Union College (1990-1993) and Montgomery College-Germantown (1988-1990), Glick assisted in capturing conference and regional titles, winning these teams a place in their respective national tournaments.

A 1988 graduate of St. Mary's College of Maryland, Glick lettered in both basketball and baseball. Coach Glick and his wife of 19 years, Sally, have three boys - Robert (14), William (11), and Michael (9).

Camp Counselors

Coach Steve "The Bear" Sheppard

will serve as Associate Director of the camp. Coach Sheppard, an All-ACC player at the University of MD, participated on the United States national basketball team which won a gold medal at the 1976 Olympics. Sheppard went on to play in the NBA with the Chicago Bulls and the Detroit Pistons and then spent 3 years in Italy, as one of the first Americans to play overseas. Coach Sheppard has coached and mentored area youths for the past 26 years. Coach Sheppard and his wife of 25 years, Remy, have 1 child-Steve Jr. (23).



Coach Spencer Way III (Trey),

completing his 2nd season as the Head JV Boys Basketball Coach and Assistant Varsity Boys Basketball Coach at Gwynn Park High School will serve as Associate Director of the camp. Coach Trey played collegiately at St. Mary's College where he graduated in 2007 with a BS in Political Science. An excellent teacher of the game, developer of fundamentals and motivator, Coach Trey is regarded as one of the top up and coming coaches in the Mid-Atlantic area.



Guest Lecturers

There will be several guest lecturers during the camp week. Our goal is to bring in some of the finest basketball players and coaches in the area, who will provide insight on the fundamentals taught during the week.

Past lecturers have included Rudy Gay (Memphis Grizzlies); Delonte West (Cleveland Cavaliers); Donte Green (Sacramento Kings); Juan Dixon, Steve Blake, Mo Howard, James Gist, Lonnie Baxter, Taj Holden, Travis Garrison, Will Bowers (U. MD); Derrek Snowden (Villanova); Louis Hinnant (Boston College); Will Thomas, Lamar Butler, John Vaughan, Terry Reynolds and Tony Skinn (George Mason); Landy Thompson and Gus Durr (Mt. St. Mary's); and many more.

Camp Schedule

8:30-9:00	Camper drop off/gym open for warm ups and free shoot
9:00-9:15	Stretching and warm up drills
9:15-10:45	Morning fundamental session and instructional breakdown/Contest
10:45-12:00	League Play/Stations
12:00-12:45	Lunch/Free Shoot
12:45-1:30	Special guest speaker
1:30-3:00	Afternoon fundamental session and instructional breakdown/Contest
3:00-4:00	League Play/Film breakdown, and Stations
4:00-4:30	Camper pick up

Tuition

The total cost of the camp is \$195.00. A deposit of \$100.00 must accompany this application. This deposit is non-refundable after your selected week of camp begins. The balance is due at camp registration. The total cost includes registration fee, trophies, individual evaluations, and a camp T-shirt.

Special discounts apply if you enroll 14 days or more prior to your selected week of camp:

- **One week: \$15.00 off !**
- **Two or more weeks/
team discounts of 5 or more:
\$30.00 off per week!**

**For more information
call Mike Glick at
301-570-5730 or visit
www.coachglick.com**

Application Form

Camper's Name _____

School & Grade (Fall 2010) _____

Adult T-shirt size XL L M S Youth L

Parent/Guardian Name: _____

Address _____

City _____ State: _____ Zip _____

Home Telephone _____

Emergency Telephone _____

E-mail address: _____

Health Insurance Company _____

Insurance Policy Number _____

Parent/Guardian Signature: _____

I, the parent/guardian, give permission for the named camper to receive emergency medical or surgical treatment and hospitalization if necessary. I understand that every attempt will be made to contact me, or the emergency contact named above, before taking this action. I will be financially responsible for any medical attention needed during camp or resulting from an injury received at camp. My medical insurance shall be the insurance coverage for any medical treatment. I hereby grant the Yellow Jackets Basketball Camp to use camper's likeness in photographs in any of its publications. I will make no monetary claim against the camp for the use of these photographs.

SESSION(S) Please check week(s) camper will attend:

June 21-25 June 28-July 2 July 12-16 July 19-23

TUITION \$195 per camper per week

Discounts apply if you enroll 14 days or more prior to your selected week of camp.

	Discount Tuition	Standard Tuition
1 week	\$180/week	\$195/week
2 weeks	\$165/week	\$180/week
3 or 4 weeks	\$150/week	\$180/week

Please enclose a deposit of \$100.00 (non-refundable after your selected week of camp begins)
 Make checks payable to: Mike Glick Inc.
 Mail to: Yellow Jackets Basketball Camp
 c/o Mike Glick, Inc.
 608 Ednor Road, Silver Spring MD 20905

Space is very limited—Enroll now!!

For Office Use Only:

Deposit Paid: _____ Balance Due: _____

Check #: _____ Date Rcvd: _____

Camp Information

Site/Lunch:

The camp will be held on the campus of Gwynn Park High School, conveniently located in Brandywine, MD at the intersection of Rt. 5 and Rt. 301. Lunch will not be provided. However, pizza and other items will be available to purchase at lunch from our snack bar. Before and after care is available for an additional cost.

Fundamental Development:

Offensively, some of the fundamentals taught will be shooting, ball handling, passing, screening, fast breaking, and team concepts. Defensively, basic stance, foot work, rebounding, court vision, and team concepts will be stressed. Campers will be divided according to their age and skill level.

Camper to Counselor Ratio:

As one of the smaller camps in the area, our eight to one camper to counselor ratio ensures that each camper receives individualized attention at all times.

Supplies:

Campers should come dressed in a T-shirt, shorts and basketball shoes. In past years, campers have found that they enjoyed having extra money to purchase pizza at lunch, or snacks and drinks at the concession stand between games. On the last day of camp, each camper will be provided with a camp T-shirt, which is theirs to keep.

Awards/Evaluations:

Each camper who completes the session will receive a comprehensive evaluation. Special awards will be presented to campers who demonstrate outstanding leadership ability and attitude.

Video/Film Sessions:

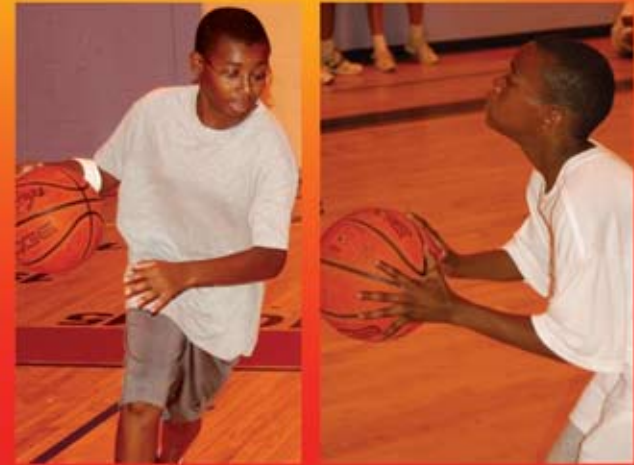
Each camper will be filmed and their basketball performance will be evaluated by our camp staff. Campers will also watch videos concerning the various aspects of the game of basketball.

Special Contests:

Throughout the week, there will be special contests including one-on-one competition, hot-shot, three point shooting, and foul shooting with prizes being awarded to the winners.

YELLOW JACKETS BASKETBALL CAMP 2010

BOYS 7-17



4 EXCITING ONE-WEEK SESSIONS: June 21-25
 June 28-July 2
 July 12-16
 July 19-23

At Gwynn Park High School